THE ENDURA
CHEAT SHEET

Core Concept Outline + Tips & Tricks

Kcvisionaries

Table of Contents

Trading Model Essentials
- Solidified Points & Structural Ranges
- Structural Disruption
- Order Flow Disruption
- Liquidity Grab Continuation
- Sweep
- Personalizing your Trading Model(s)

Personal Tips & Tricks
- Direction & Market Context
  - The DLE Framework
  - Reading Reactions vs Predetermined Biases
  - Cross-Reference Pairs
  - Acknowledging External Sweeps
  - Points of Interest Simplified
  - Reactions as Invalidation
  - Stick to your Pairs
- Session & Timing Rules
  - Trading Specific Instruments at Specific Times
  - Understanding Session Volatility Distribution
  - Avoid News Releases
- Transitions & Confirmations
  - The Importance of Transitions
  - Confluence Combinations
  - Scaling Strategies
- Risk Management
  - Setting Appropriate Perimeters
  - Trailing Your Stops
  - Stop Losses Transition Into Models

Additional Resources
- Enneagram Personality Test
  - Introduction
  - How to find your Enneagram Type
  - Enneagram Type 1-9
    - Core Characteristics
    - Strengths
    - Challenges
    - Patterns
    - Tips
- Asset Correlation Index
  - Database Overview
  - Navigating the Database
  - Understanding the Data
  - Asset Divergence
  - Session-based Trading
  - Yearly Analysis & Stability

- Daily Distribution of Volume
  - Summarized Analysis
    - Session Time Reference
    - Decision Tree
    - Session Profiles
    - Consistency Ratings
    - Reference Tables
  - Detailed Analysis
- Daily Cycle Guide
  - What is I/C/M?
  - The Three States
  - Session Times
  - Adaptive Percentile System
  - Daily Cycle Sequences
  - Understanding Edge
  - Daily Cycle Performance
  - Individual Performers
- Conclusion

Trading Model Essentials

Solidified Points and Structural Ranges

Market Structure is the lens we use to read the language of price. Solidified points are confirmed when an internal break of structure occurs. Once confirmed, these points define the boundaries of structural ranges & our trading models.

A structural range is defined by the most recently confirmed solidified points on an external timeframe. Think of structural ranges as the playing field where price action occurs. We use various levels of structure to determine whether we are bullish or bearish.
https://www.tradingview.com/x/1Nucmbm1/

Structural Disruption

Structural Disruption identifies a failed continuation. This reversal-based model begins by observing the current structural range & trading against the range through a liquidity grab.

Model sequence: Current SR → LG appears in opposing direction before reaching EQ (UNW) → POI Entry → Target opposing H/L.

Since this is a reversal-based model, it's preferred to look for status prior to EQ leading to potential high risk:rewards.
https://www.tradingview.com/x/WCLbKB2z/

Order Flow Disruption

Order Flow Disruption identifies a failed point of interest. This model resembles a Liquidity Grab Continuation through the lens of order flow (Mitigation sequences).

Model sequence:
External SR present → Internal POI reaction appears → Reaction of POI fails → New Internal SR formed → POI Entry → Target External H/L.
https://www.tradingview.com/x/0JKuW6ju/

Personal Tips & Tricks

Direction & Market Context

The DLE Framework (Direction, Liquidity, Execution)

Direction is established through external trends and external closures. As a scalper, hovering over the M5 timeframe works well for entries, while M15-H1 timeframes are ideal for identifying trends. Incorporating daily/weekly closures & highs/lows for bias confirmation. Typically, H1 candle ranges present scalp scenarios.

We use Liquidity through the lens of internal structure breaks as a mechanism to time the directional biases. Order flow completion, swing closures, and models. Be aware that M1 can be problematic for timing moves above M15-M30, but M1 order flow completion can signal potential M5 sweeps.

We use any of the models as your source for SL/Entry/TP perimeters (The execution)

For scalping/intraday, focus on swing closures and models, intraday structures, and scalp transitions.For swing, focus on position closures and models, swing structures, and intraday transitions.

Reading Reactions vs Predetermined Biases

Reading reactions eliminates the need for a set predetermined bias. Frame your bias based on what is currently happening, not just what has already happened. Having predetermined biases can cloud your judgment and lead to potential losses, missed scenarios, or forced entries if you're unable to be dynamic or patient in your approach.
https://www.tradingview.com/x/dWwqQWcH/

Additional Resources

Enneagram Personality Test

Introduction: Why the Enneagram Matters for Trading

Trading is as much a psychological endeavor as it is a technical one. While every trader needs to master market analysis, risk management, and execution skills, the way each individual approaches these disciplines varies dramatically based on their personality type. The Enneagram provides a powerful framework for understanding these differences and tailoring coaching approaches to each trader's unique psychological makeup.

The Enneagram identifies nine distinct personality types, each with core motivations, fears, strengths, and blind spots. In trading, these personality patterns manifest in predictable ways. A Type 6 trader struggles with different challenges than a Type 8 trader, and what motivates a Type 3 to improve differs completely from what drives a Type 4. Understanding these differences allows you to coach more effectively and helps traders understand their own behavioral patterns.

This guide provides a comprehensive analysis of each Enneagram type through the lens of trading. For each type, you'll find detailed information on their trading strengths, common challenges, stress patterns, and specific coaching strategies. Whether you're coaching others or seeking to improve your own trading, this framework will help identify psychological obstacles and create personalized solutions.

The goal is simple: by understanding personality type, we can work with our natural tendencies rather than against them, building trading systems and habits that align with who we are while addressing our specific vulnerabilities.

Enneagram Diagram: https://www.aephoriagroup.com/enneagram/

Understanding Correlation Values

Correlation is measured from -100% to +100%:

- **+100%: Perfect positive correlation (they always move exactly together)**
- **+85% to +100%: Elite tier - Very strong positive correlation**
- **+80% to +85%: Excellent tier - Strong positive correlation**
- +75% to +80%: Good tier - Solid positive correlation
- +70% to +75%: Viable tier - Moderate positive correlation
- 0%: No correlation (completely independent)
- **-75% to -100%: Strong negative correlation (move opposite)**
- **-100%: Perfect negative correlation (always move exactly opposite)**

ASSET DIVERGENCE

What is Asset Divergence?

Asset Divergence occurs when two highly correlated pairs fail to make the same extreme together. If they normally move in sync but one makes a new high while the other doesn't, this creates a high-probability reversal setup.

The 5-Step Trading System

Step 1: Select Your Pairs

Go to the 'Asset Divergence Trading' sheet in the database. These are the 6 best pairs for divergence trading:

- SPX500 vs US30 (Index divergence)
- NAS100 vs SPX500 (Tech vs Broad market)
- AUD/JPY vs NZD/JPY (Commodity currencies vs Yen)
- AUD/USD vs NZD/USD (Commodity currency pairs)
- AUD/CHF vs NZD/CHF (Commodity currencies vs Safe Haven)
- NAS100 vs US30 (Tech vs Industrial indices)

Step 2: Check the Session

Look at the 'Best Session' column for your chosen pair. ONLY trade during this session. The correlation is strongest then, giving you the highest probability of success.

Example: If your pair's best session is 'Overlap', only look for setups between 8am-12pm EST.

Daily Distribution of Volume

SUMMARIZED ANALYSIS

1. Session Time Reference

Time Conversion Chart

Session	EST Time	UTC Time	Duration
Asia	6:00 PM - 1:00 AM	23:00 - 06:00	7 hours
London Open	3:00 AM - 6:00 AM	08:00 - 11:00	3 hours
Overlap	8:00 AM - 12:00 PM	13:00 - 17:00	4 hours
Late NY	1:00 PM - 4:00 PM	18:00 - 21:00	3 hours
Transition	4:00 PM - 6:00 PM	21:00 - 23:00	1.5 hours

2. Decision Tree: "What should I trade now?"

Based on Current Time (EST)

- 6:00 PM - 1:00 AM (ASIA SESSION)
- 3:00 AM - 6:00 AM (LONDON OPEN)
- 8:00 AM - 12:00 PM (OVERLAP - PRIME TIME)
- 1:00 PM - 4:00 PM (LATE NY)
- 4:00 PM - 6:00 PM (TRANSITION)

3. Session Profiles

ASIA SESSION (6pm-1am EST / 23:00-06:00 UTC)

- Markets Active: Tokyo, Hong Kong, Singapore
- Duration: 7 hours
- Characteristics: Lower liquidity, JPY pairs dominate, range-bound trading

Daily Cycle Guide

WHAT IS I/C/M?

I/C/M is the mechanism used to read / build the variants of Daily Cycles.

I/C/M stands for: Impulse - Consolidation - Manipulation

This is a classification system for how the market behaved during an 8-hour trading session.

We divide the 24-hour day into three 8-hour sessions:

- Asia (22:00-06:00 UTC)
- London (06:00-14:00 UTC)
- New York (14:00-22:00 UTC)

We classify Asia and London, to anticipate New York.

THE THREE STATES

IMPULSE (I)

Classification: Range ≥ 75th percentile (top 25% of ranges)

What it looks like:
• Large price range
• Strong directional move
• Close near high (if up) or low (if down)
• Clear trend visible

Example: EURUSD moves 80 pips in clear uptrend

CONSOLIDATION (C)

Classification: Range ≤ 25th percentile (bottom 25% of ranges)

What it looks like:
• Small price range
• Sideways, choppy movement
• Open and close very close together
• No clear direction

Example: EURUSD oscillates in 20-pip range